



Checklist for Identifying Candidates for MTI

Question	Yes/No
1. Is the patient's A1C above his/her individualized goal?	
2. Is the patient's basal insulin dose at or above 0.5 U/kg?	
3. Is the patient's fasting blood sugar at goal, but A1c still high?	
4. Is the patient's post-meal blood sugar >180 mg/dL for patients at low risk for hypoglycemia?	

The more “yes” answers to these questions, the greater likelihood that a patient would benefit from incorporation of a MTI regimen. However, before adding MTI, it is important to consider whether the existing basal insulin dose is adequate and if the patient has difficulty adhering to the existing regimen.